



MoU

Memorandum of Understanding



PSYCHOLOGY DEPARTMENT

B.C.S. Govt. P.G. College, Dhamtarti (C.G.)

&

PSYCHOLOGY DEPARTMENT

Bhanupratapdev Govt. PG College Kanker (C.G.)

For

Student Exchange Programs Faculty Exchange Programs

The general objective of this MoU is to stimulate and facilitate the development of collaborative and mutually beneficial programs which serve to enhance the intellectual aspect of student as well as faculty and culture development on both campuses. Thus B.C.S. Govt. P.G. College, Dhamtarti and Bhanupratapdev Govt. PG College Kanker (C.G.) have agreed that is support of their mutual interest in the field of education.

From 24-02-2023 to 23-02-2026.

(Dr. Sarla Dwivedi)

HoD, Psychology Department

(Dr. Alka Karketta)

HoD. Psychology Department

Principal
B.C.S. Govt. P.G. College,
Dhamtarti

Principal
Bhanupratapdev Govt. PG College
Kanker (C.G.)

REPORT ON FACULTY AND STUDENT EXCHANGE ACTIVITIES UNDER MOU

Between

Babu Chhotelal Shrivastava Government Post Graduate College, Dhamtari

&

Bhanupratap Dev Government Post Graduate College, Kanker

Date: 15 February 2025

The Departments of Psychology of Bhanupratap Dev Government Post Graduate College, Kanker, and Babu Chhotelal Shrivastava Government Post Graduate College, Dhamtari, jointly organized a comprehensive Faculty Exchange and Student Exchange Programme on 15 February 2025 under the provisions of the Memorandum of Understanding (MoU) signed between the two institutions. The purpose of this collaborative academic engagement was to enrich the learning experiences of students, promote inter-institutional cooperation, and encourage knowledge sharing between faculty members of both colleges.

The event included expert lectures, activity-based experiential learning sessions, skill-enhancing demonstrations, interactive student participation, and awareness-oriented cultural performances. This report elaborates on the activities conducted, their objectives, outcomes, and the overall academic impact observed during the programme.

Faculty Exchange Activities

1. Expert Lecture by Dr. Sarla Dwivedi on the Big Five Factor Theory

One of the key highlights of the faculty exchange initiative was the lecture delivered by Dr. Sarla Dwivedi, Assistant Professor, Department of Psychology, on the globally recognized Big Five Factor Theory of Personality. Her lecture provided in-depth insights into the five major personality dimensions: Openness, Conscientiousness, Extraversion, Agreeableness, and Neuroticism.

Dr. Dwivedi discussed the historical developments of the trait approach, contributions of various researchers, psychometric foundations, and the cross-cultural relevance of the five-factor model. She emphasized how personality traits influence behaviour, interpersonal effectiveness, academic performance, and mental health outcomes.

She supplemented the lecture with examples from daily life, case-based explanations, and research evidence, making the session highly engaging and informative for students of both institutions.

2. Role-Play Session Conducted by Dr. Sarla Dwivedi

To promote experiential learning and strengthen students' understanding of personality expression in real-life situations, Dr. Dwivedi organised a role-play activity. Students were divided into small groups and given character-based scenarios representing different personality traits.

Participants enacted situations depicting high and low levels of the five factors. This activity helped students:

- Understand how personality traits manifest in behaviour
- Develop observational skills
- Learn interpersonal communication
- Improve confidence and group participation
- Reflect on their own personality tendencies
- The role-play session created an interactive learning environment and received excellent feedback from students.
- Student Exchange & Activity-Based Learning

3. Balloon-Pin Activity

An innovative Balloon-Pin Activity was conducted as a part of the student exchange segment to build emotional intelligence, cooperation, problem-solving, and team dynamics. Students were instructed to protect their own balloons while attempting to burst others'. Later, they reflected on the activity's psychological implications, such as competition, survival instinct, defensive behaviour, group pressure, and ethical decision-making.

The debriefing session highlighted the importance of empathy, mutual respect, and collaborative success over competitive aggression. Students reported that the activity was enjoyable, insightful, and mentally stimulating.

4. Nukkad Natak on Suicide Prevention

Students (Meenakshi, Nishita, Devendra Kumar, Ritesh, Antra, Ragini sahu, Deepshikha, Geetanjali, Diksha, Unita, Domendr, Lokesh, Ghanshyam and Pavitra from the Department of Psychology, Bhanupratap Dev Government P.G. College, Kanker, presented a powerful Nukkad Natak (Street Play) on Suicide Prevention. The performance focused on:

The collaborative MoU activity resulted in several positive academic and developmental outcomes:

- Enhanced subject understanding through expert lectures
- Strengthened practical exposure via role-play and experiential activities
- Cross-institutional learning as students interacted with peers from another college
- Improved communication, confidence, and creativity among participating students
- Increased mental-health awareness through the street play
- Faculty collaboration fostering future joint academic initiatives
- Promotion of psychological literacy among students from both institutions

Conclusion

The Faculty Exchange and Student Exchange Programme held on 15 February 2025 successfully fulfilled the objectives of the MoU between the two Government Post Graduate Colleges of Kanker and Dhamtari. The combination of expert lectures, interactive learning

activities, and awareness-building cultural presentations made the programme rich, meaningful, and impactful.

The joint initiative not only strengthened academic cooperation but also expanded the horizons of students, enabling them to view psychology through multiple perspectives. Both departments expressed the desire to conduct similar collaborative events in the future to promote continued academic enrichment and institutional partnership.



Dr S. Dwivedi
HOD, PSYCHOLOGY
&
IQAC
CORRDINATOR

MOU कार्यक्रम मनोविज्ञान विभाग

आज दिनांक 15/02/2025 दिन शनिवार को
 भानु प्रताप देव शासकीय र-माला महा विद्यालय कांकेर
 रवि बाबू छोटा बाल ग्री वारतन र-माला महा विद्यालय
 धमतरी के मनोविज्ञान विभाग द्वारा MOU कार्यक्रम
 किया गया। जिसमें IITD P.जा. कॉलेज के मनोविज्ञान विभाग
 की डॉ. सरिता तिवेदी के द्वारा "Big Five स्वतंत्र Personality
 of Personality" के बारे में जानकारी दिया गया तथा
 चुम्बारे कुलाके गेम से जीवन में व्यक्तित्व को बताया तथा
 IITD P.जा. कॉलेज के मनोविज्ञान विभाग के विद्यार्थी द्वारा
 बुल्बुल नाटक दिखाया गया व मनोविज्ञान विभाग के
 विभागाध्यक्ष श्री मति अन्नका केरेकरा द्वारा मनोविज्ञान के
 पहलुओं पर चर्चा की गई। शेष कार्यक्रम में महा विद्यालय के
 प्राध्यापक भोज लाल खत्री/खत्री उपस्थित रहे।

Dr. Sarita Tiwari
 Mrs. Neeta Mishra

नाम	हस्ताक्षर
1) Dr. Vijay Kumar Rautera	
2) Dr. Lakshmi Lakshmi	
3) Dr. Archana Singh	
4) Mrs. Sumita Pandey	
5) Dr. Karan Chakraborty	
6) Dr. Basant Nayak	
7) Richa Singh	
8) Dr. Mahendra Syed	
9) Dr. Seema Panchan	
10) Sheela Kumari	
11) Pallavi Gopal Nayak	
12) Debasmita Patra	
13) Mrs. Tushar Kumar	
14) Dr. Aashish Nalam	
15) Ramesh Kumar	

नाम	कक्षा	हस्ताक्षर
(1) दिव्या चवेल	MSC - III Sem Zoology	Divyee
(2) दीपिका निषाद	MSC - IV Sem	Deepika
(3) निर्मला मरकाम	MSC - III Sem	Nirmala
(4) हेमिका नागेश	MSC - IV Sem	Hemika
(5) दीक्षा साहू	MSC - IV Sem	Diksha
(6) स्वातिरी कोला	MSC - IV Sem botany	Swati
(7) मनीषा खलाम	MSC - IV Sem botany	Manisha
(8) कुमेश्वरी मंडावी	MA I English	Kumari
(9) अनिता नेताम	B.A. III year	Anita
(10) कृति मंडावी	B.A. III year	Kriti
(11) मानसी नेताम	B.A. II year	Manasi
(12) प्रियंका गोगा	BSC. II year	Priyanka
(13) कुसुमलता दुर्गा	B.A. I year	Kusuma
(14) विनिळा गोगा	BSC. III year	Vinila
(15) वंदना नेताम	B.A. III year	Vandana
(16) अमिता मंडावी	BSC. III year	Amrita
(17) मनेश्वरी सेवना	M.A. I sem	Maneshwari
(18) सुषमा दुर्गा	M.A. III sem	Sushma
(19) मितु सरकार	B.Sc. III year	Mitu
(20) स्नेहा पोटाई	B.Sc. III year	Snaha
(21) रंमोतिम उयके	B.A. III year	Ramotim
(22) रिक्केश्वरी दुर्गा	B.A. II year	Rikkeshwari
(23) मंझा मेळवारी	B.A. II year	Manzha
(24) योगिता साहू	MA I year	Yogita
(25) पुष्पा ठालकर	MA I year	Puspa
(26) अनामिका बानो	M.A. II sem	Anamika
(27) शशिनी साहू	M.A. II sem	Shashini
(28) निशिता देवांगन	M.A. II sem	Nishita
(29) दीपशिखा गंधर्व	M.A. II sem	Deepshikha
(30) गीतांजली मंडावी	M.A. II sem	Gitanjali
(31) अंतरा जैन	M.A. II sem	Antara
(32) योगिता मंडावी	BA II year	Yogita
(33) पवित्रा उयेण्डी	BA II year	Pavitra
(34) युनिता निषाद	BA II year	Yunita

36) Priksha Patel	B.A. II year	Priksha
36) Damendra Kumar	B.A II year	Damend
37) Ritesh	M.A. II sem.	Ritesh
38) Jyeshth Kumar	B.A - 11 year	Jyeshth
39) वनश्याम शर्मा	M.A III (Psy) sem	Vansh
40) भाषवानी मंडवी	M.A IV 3rd Relini	Bhavani
41) विजेश्वरी लुई	M.A. IV sem Political sci.	Vijeshwari
42) लिलेश्वरी गौतम	M.A. IV sem Political s.	Lilleshwari
43) Pooja Kanjam	M.A. IV P.S.	Pooja
44) Shubendray Kumar	M.A. English. 12 - sem	Shubendray
45) Minerva	M.A 1st sem Psychology	Minerva





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व शासकीय स्नातकोत्तर महाविद्यालय का कैरवा

राष्ट्रीय गंगा योजना
मानव संसाधन विकास विभाग
महाविद्यालय, काठमा
विभाग - २२, काठमाडौं-१४४००१

ANUPRATAPGANGA COLLEGE
HUMAN RESOURCES
Department of psychology





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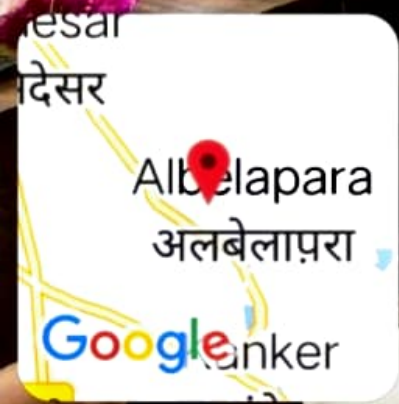
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