



MoU

Memorandum of Understanding



PSYCHOLOGY DEPARTMENT

B.C.S. Govt. P.G. College, Dhamtari (C.G.)

&

PSYCHOLOGY DEPARTMENT

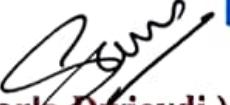
Bhanupratapdev Govt. PG College Kanker (C.G.)

For

Student Exchange Programs Faculty Exchange Programs

The general objective of this MoU is to stimulate and facilitate the development of collaborative and mutually beneficial programs which serve to enhance the intellectual aspect of student as well as faculty and culture development on both campuses. Thus B.C.S. Govt. P.G. College, Dhamtari and Bhanupratapdev Govt. PG College Kanker (C.G.) have agreed that is support of their mutual interest in the field of education.

From 24-02-2023 to 23-02-2026.


(Dr. Sarla Dwivedi)

HoD, Psychology Department


Alka Karketta

(Dr. Alka Karketta)
HoD. Psychology Department


Principal
B.C.S. Govt. P.G. College,
Dhamtari


Principal
Bhanupratapdev Govt. PG College
Kanker (C.G.)

**REPORT ON FACULTY AND STUDENT EXCHANGE ACTIVITIES UNDER
MOU**

Between

Babu Chhotelal Shrivastava Government Post Graduate College, Dhamtari

&

Bhanupratap Dev Government Post Graduate College, Kanker

Date: 15 February 2025

The Departments of Psychology of Bhanupratap Dev Government Post Graduate College, Kanker, and Babu Chhotelal Shrivastava Government Post Graduate College, Dhamtari, jointly organized a comprehensive Faculty Exchange and Student Exchange Programme on 15 February 2025 under the provisions of the Memorandum of Understanding (MoU) signed between the two institutions. The purpose of this collaborative academic engagement was to enrich the learning experiences of students, promote inter-institutional cooperation, and encourage knowledge sharing between faculty members of both colleges.

The event included expert lectures, activity-based experiential learning sessions, skill-enhancing demonstrations, interactive student participation, and awareness-oriented cultural performances. This report elaborates on the activities conducted, their objectives, outcomes, and the overall academic impact observed during the programme.

Faculty Exchange Activities

1. Expert Lecture by Dr. Sarla Dwivedi on the Big Five Factor Theory

One of the key highlights of the faculty exchange initiative was the lecture delivered by Dr. Sarla Dwivedi, Assistant Professor, Department of Psychology, on the globally recognized Big Five Factor Theory of Personality. Her lecture provided in-depth insights into the five major personality dimensions: Openness, Conscientiousness, Extraversion, Agreeableness, and Neuroticism.

Dr. Dwivedi discussed the historical developments of the trait approach, contributions of various researchers, psychometric foundations, and the cross-cultural relevance of the five-factor model. She emphasized how personality traits influence behaviour, interpersonal effectiveness, academic performance, and mental health outcomes.

She supplemented the lecture with examples from daily life, case-based explanations, and research evidence, making the session highly engaging and informative for students of both institutions.

2. Role-Play Session Conducted by Dr. Sarla Dwivedi

To promote experiential learning and strengthen students' understanding of personality expression in real-life situations, Dr. Dwivedi organised a role-play activity. Students were divided into small groups and given character-based scenarios representing different personality traits.

Participants enacted situations depicting high and low levels of the five factors. This activity helped students:

- Understand how personality traits manifest in behaviour
- Develop observational skills
- Learn interpersonal communication
- Improve confidence and group participation
- Reflect on their own personality tendencies
- The role-play session created an interactive learning environment and received excellent feedback from students.
- Student Exchange & Activity-Based Learning

3. Balloon–Pin Activity

An innovative Balloon–Pin Activity was conducted as a part of the student exchange segment to build emotional intelligence, cooperation, problem-solving, and team dynamics. Students were instructed to protect their own balloons while attempting to burst others'. Later, they reflected on the activity's psychological implications, such as competition, survival instinct, defensive behaviour, group pressure, and ethical decision-making.

The debriefing session highlighted the importance of empathy, mutual respect, and collaborative success over competitive aggression. Students reported that the activity was enjoyable, insightful, and mentally stimulating.

4. Nukkad Natak on Suicide Prevention

Students (Meenakshi, Nishita, Devendra Kumar, Ritesh, Antra, Ragini sahu, Deepshikha, Geetanjali, Diksha, Unita, Domendr, Lokesh, Ghanshyam and Pavitra from the Department of Psychology, Bhanupratap Dev Government P.G. College, Kanker, presented a powerful Nukkad Natak (Street Play) on Suicide Prevention. The performance focused on:

The collaborative MoU activity resulted in several positive academic and developmental outcomes:

- Enhanced subject understanding through expert lectures
- Strengthened practical exposure via role-play and experiential activities
- Cross-institutional learning as students interacted with peers from another college
- Improved communication, confidence, and creativity among participating students
- Increased mental-health awareness through the street play
- Faculty collaboration fostering future joint academic initiatives
- Promotion of psychological literacy among students from both institutions

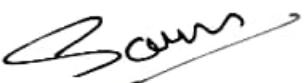
Conclusion

The Faculty Exchange and Student Exchange Programme held on 15 February 2025 successfully fulfilled the objectives of the MoU between the two Government Post Graduate Colleges of Kanker and Dhamtari. The combination of expert lectures, interactive learning

activities, and awareness-building cultural presentations made the programme rich, meaningful, and impactful.

The joint initiative not only strengthened academic cooperation but also expanded the horizons of students, enabling them to view psychology through multiple perspectives. Both departments expressed the desire to conduct similar collaborative events in the future to promote continued academic enrichment and institutional partnership.




Dr S. Dwivedi
HOD, PSYCHOLOGY
&
IQAC
COORDINATOR

MOU कार्यक्रम मनोविज्ञान विभाग

आज दिनीक 15/02/2025 दिन सनिवार के
भानुप्रतापदेव शासकीय राजाना० महाविद्यालय काले०
रेखा वा वृद्ध छोटा लाल दीवारतल राजाना० महाविद्यालय
धमतरी के मनोविज्ञान विभाग द्वारा MOU कार्यक्रम
किया गया। विसेम्प BCS P.P. कोलेज के मनोविज्ञान विभाग
की Dr. सरद्दा त्रिवेदी के द्वारा "Big Five factors theory
of personality" के बारे में प्रारंभिक दिया गया तथा
युवारे फुलों के रूप में विभाग के विद्यार्थी द्वारा
BPD P.P. कोलेज के मनोविज्ञान विभाग के विद्यार्थी द्वारा
नियमित भारतीय विद्याया गया के मनोविज्ञान विभाग के
विभाग द्वारा दी भाग अलग करके द्वारा मनोविज्ञान के
पहले दो दिन विद्याया गया। प्रथम कार्यक्रम द्वारा विद्यार्थी के
प्रारंभिक गति, वासा छोटा/छोटी उपस्थिति द्वारा

Dr. Sarita Dwivedi
Mrs. Meeta Mittal

संहार

नाम

1) Dr. Vijay Kumar Rautela

2) Mr. Laxmi Lekshmi

3) Dr. Archana Singh

Archana

4) Mrs. Sumita Pandey

5) Dr. Karoli Ghoseur

6) Dr. Basant Nag

7) Richa Sajwan

Richa

8) Dr. Mahendra Syed

9) Dr. Seema Pasricha

10) Sheetal Kumarovi

11) Pallavi Groopayle

12) Deekshat Patel

13) Mr. Yuvraj Kumar

14) Dr. Aashish Patel

15. Ravinder Kumar

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(२) दीपिका निषाद	MSC - IV Sem -	Deepika Nishad
(३) निमिला सरकाम	MSC III sem -	Nimila Sarkam
(४) हीमिका नागेश	MSC IV Sem -	Heemika Nagesh
(५) दीक्षा साइ	MSC IV sem -	Diksha Sai
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(९) अनिता नेताम	B.A III year	Anita Netam
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(११) मानसी नेताम	B.A. II year	Manasi Netam
(१२) प्रियंका गोटा	BSC. II year	Priyanka Gota
(१३) कुमुमलवा दुर्गा	B.A. I year	Kumumalava Durga
(१४) किनिला गोटा	BSC. III year	Kinala Gota
(१५) लद्दा नेताम	B.A III year	Ladda Netam
(१६) शुभिता मोडावी	BSC III. Year	Shubhita Modavi
(१७) मेष्वरी जेवना	MA I sem -	Meswari Jevana
(१८) शुष्मा दुर्गा	MA III sem -	Shusma Durga
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(२०) शीहा बोलाई	B.Sc III Year -	Shihaa Bolai
(२१) रमोतिन उथके	B.A. III year:	Ramotin Uthake
(२२) रिक्षवरी दुर्गा	B.A. II year	Rikshavari Durga
(२३) अंशा मोडावी	B.A. II Year	Ansha Modavi
(२४) शोगिता आई	MA II years	Shogita Aasi
(२५) दुर्गा टिलकर	MA I year	Durga Tilakar
(२६) उमीदिया बानो	MA. II sem	Umeidiya Bano
(२७) शारिनी झाई	MA. II sem	Sharinini Jhai
(२८) निरिता देवागान	MA. II sem	Nirita Devagan
(२९) दीपरिखा गंधा	MA. II sem	Deeparikha Gandha
(३०) नितायनी मोडावी	MA. II sem	Nitayani Modavi
(३१) इंतरा जैन	MA. II sem	Intara Jain
(३२) योगिता मोडावी	MA. II sem	Yogita Modavi
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(३४) युविता निषाद	BA II year	Yuvita Nishad

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36) Damendra Kumar	B.A. II year	Damendra
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41) কিলশ্বারী কুমাৰ	M.A. IV sem. Political sci.	Kileswar
42) লিলেশ্বারী কুমাৰ	M.A. IV sem. Political s.	Lileswar
43) Purnendu Kanjam	M.A. IV P.S.	Purnendu
44) Bhupendra Kumar. M.A. English. II - SEM		Bhupendra
45) Minevshi	M.A. I st sem Psychology	Minevshi





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व शासकीय स्नातकोत्तर महाविद्यालय काकोरा

राष्ट्रीय ग्राम योजना
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विभाग, वाराणसी
राष्ट्रीय ग्राम योजना
मानवसंस्कार वास्तवीय विकास
विभाग, वाराणसी

Department of psychology







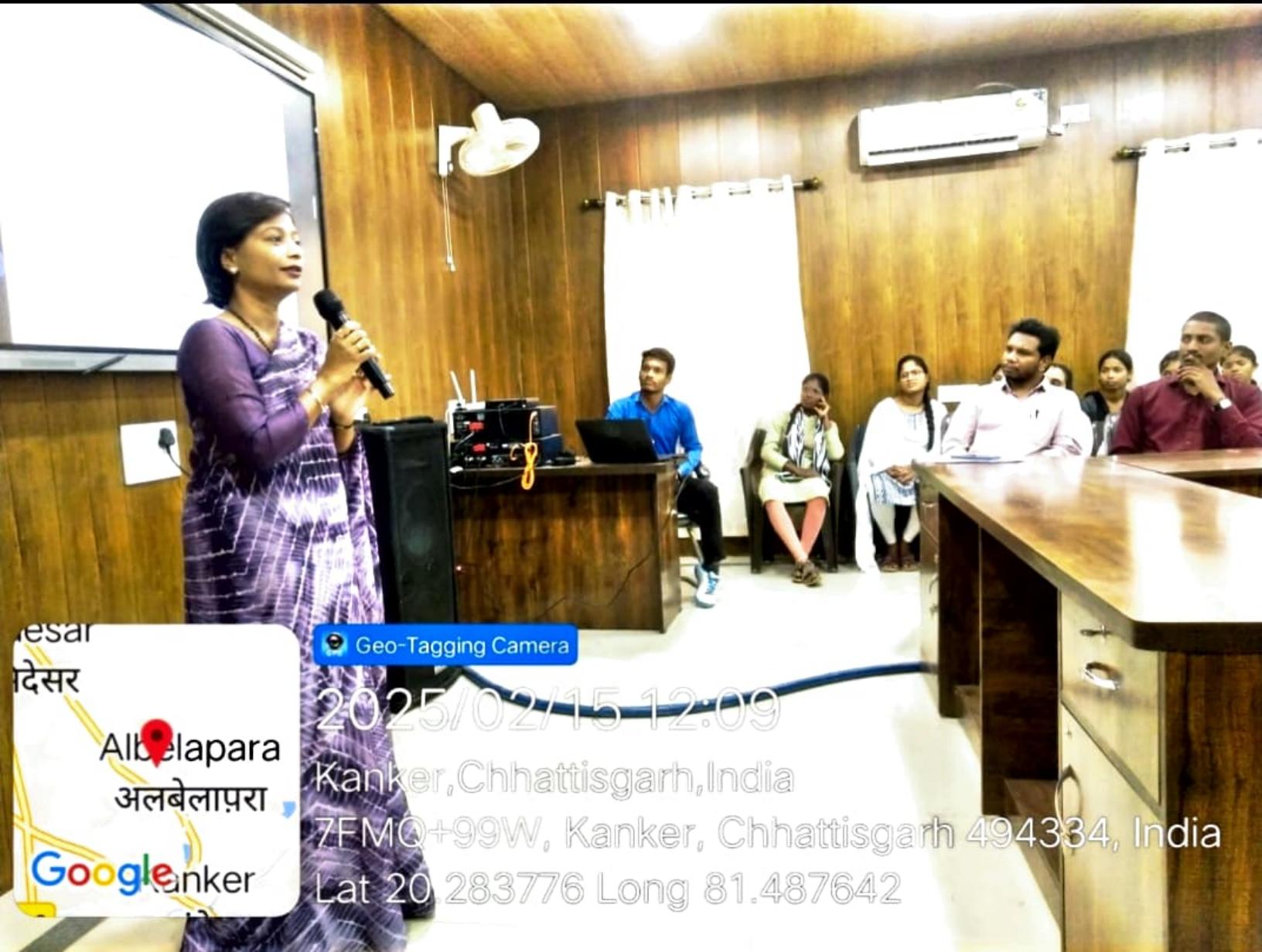
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